

## IRIS CANCER PARTNERSHIP - REGISTRATION CRITERIA (2013)

The objective of Registration is “to maintain a consistently high standard of care delivered by Iris Therapists.”



ANNUALLY CHOOSE FROM OPTIONS BELOW		WITHIN EACH 4 YEAR REGISTRATION PERIOD
<b>FULL CPD Credits (select any one)</b>		
<p><b>Paid Service</b> working with people living with cancer of at least 12 hours per annum.  <b>Evidence:</b> confirmation letter from supervisor if provided in a hospice, cancer centre or hospital; 6 client surveys and 2 reflective papers if provided in private practice.</p>		<p>Within <b>every 4 years</b> from completion of Level 1 of the Iris Curriculum <b>you must complete a CPD course.</b></p> <p>During your <b>first 4 years</b> this course must be the <b>Research CPD module.</b></p> <p>This CPD module is designed to protect the vulnerable group with which we work, and Iris’s reputation, by ensuring that Iris therapists are well informed as to the <b>reliability</b> of different <b>forms of research</b> on the <b>benefits of massage.</b></p>
<p><b>Volunteer hours</b> working with people living with cancer of at least 12 per annum.  <b>Evidence:</b> confirmation letter from supervisor if provided in a hospice, cancer centre or hospital; 6 client surveys and 2 reflective papers if provided in private practice.</p>		
<p>One book from the recommended <b>CPD Book List</b>. Others may be recommended to the Registration Leader and do not need to be approved in advance to be counted towards registration.  <b>Evidence:</b> 1 side A4 minimum synopsis. For new recommendations your synopsis may be used as part of Iris Book List information.</p>		
<p>One course from the recommended <b>CPD Course List</b>. Others may be recommended to the Registration and Curriculum Leaders but must be approved in advance in order to be counted towards registration.  <b>Evidence:</b> copy of Certificate of Completion to be submitted with application.</p>		
<b>or PARTIAL CPD Credits (select any two, each from a different category)</b>		
<p><b>Paid Service</b> working with people living with cancer of fewer than 12 hours per annum.  <b>Evidence:</b> confirmation letter from supervisor if provided in a hospice, cancer centre or hospital; 2 client surveys and 1 reflective paper if provided in private practice.</p>		
<p><b>Volunteer hours</b> working with people living with cancer of at fewer than 12 hours per annum.  <b>Evidence:</b> confirmation letter from supervisor if provided in a hospice, cancer centre or hospital; 2 client surveys and 1 reflective paper if provided in private practice.</p>		
<p>Attendance at a recognised <b>Support Group Meeting</b> (e.g. NACTHPC), <b>Cancer Conference</b> (e.g. SCCSG) or <b>Iris Full Team Meeting</b>. New meetings or conferences may be recommended to the Registration Leader but must be agreed in advance to be counted towards Registration.  <b>Evidence:</b> copy of attendee list or minutes, etc. (excludes Iris Full Team Meetings for which Iris keeps records)</p>		
<p><b>Deliver a Presentation</b> at a massage therapy or cancer related event or conference on a topic related to Iris work.  <b>Evidence:</b> copy of materials used – e.g. slides, hand outs and agenda (or equivalent) for meeting.</p>		



## RECOMMENDED CPD BOOK LIST

This table provides a list of the current recommended CPD Book List. Each entry has a synopsis provided by an Iris Therapist to help you choose one that you might find helpful. Iris actively encourages therapists to suggest additions which do not need to be pre-approved to be counted towards registration.

<p><b>On Death and Dying</b> By Elisabeth Kubler-Ross ISBN?????</p>	<p>Elisabeth Kubler-Ross's book is considered a definitive text on death and dying and what the dying have to teach doctors, nurses, clergy and a patient's family.</p> <p>A large part of the book provides an appreciation of the stages that a terminally ill person may go through: denial and isolation, anger, bargaining, depression and acceptance.</p>
<p><b>Young People Living with Cancer</b> By Anne Grinyer ISBN: 0-335-22154-8</p>	<p>This book summarises Anne Grinyer's findings from interviewing a number of teenagers with cancer. It provides great insight and helps the therapist to understand the unique challenges of this age group, as compared to older patients. Examples of this include: <i>"balancing young people's need for autonomy and independence with the demands of their parents; managing the effect of cancer on intimacy and sexuality; ensuring that education continues despite the illness and treatment, facilitating social development and ensuring young cancer patients do not become isolated from their social support network."</i> The Teenage Cancer Trust reports that:</p> <p><i>"In the last 30 years the incidence of cancer in the teenage and young adult group has increased by 50% and for the first time ever, the number of teens with cancer now exceeds the number of children with cancer ... Teenagers contract some of the most aggressive cancers that are made worse by their growth spurts.</i></p> <p style="text-align: right;">Teenage Cancer Trust Health Facts website 2006</p>
<p><b>Clinical Research in Complementary Therapies</b> Edited by: George Lewith, Wayne B Jonas, Harald Walach ISBN: 0-443-06367-2</p>	<p>This is a fairly technical book with a lot of information on statistics. The most valuable parts explain the challenges in gathering data and providing high quality research in the field of complementary therapies. This book is useful for anyone in Iris who might be interested in helping with our research.</p>
<p><b>Macmillan Booklets on Different Cancers and coping with cancer</b> Available online from Macmillan at</p>	<p>These short booklets are written with the patient and carer in mind, and provide helpful information regarding the different types of cancer, e.g. breast, secondary bone, etc. There are also supplementary booklets on topics such as "The Emotional Effects of Cancer", "End of Life".</p> <p><b>10 booklets</b> must be selected to count as a single Book List CPD and should be a mix of booklets on</p>

<p><a href="http://be.macmillan.org.uk/be/opt-144-booklets.aspx">http://be.macmillan.org.uk/be/opt-144-booklets.aspx</a></p>	<p>cancer types and coping with cancer. You clients may also have access to the same booklets via the Maggie Centres and other Cancer Centres. The booklets are free from Macmillan but we request that you make a donation in return for this valuable information.</p>
<p><b>“Massage for the Hospital Patient and Medically Frail Client”</b> By Gayle MacDonald</p>	<p>This book is required reading for the “5 Day Hospital Intensive Course” in Level 2 of the Iris curriculum.</p>
<p><b>From the Heart Through The Hands – The Power of Touch in Caregiving</b> By Dawn Nelson ISBN 13: 978-1-84409-083-9 Findhorn Press, Scotland</p>	<p>This revised and updated edition presents a combination of practical advice, true stories and photographic evidence on how to adapt massage appropriately when working with the elderly, the ill and the dying. Throughout the book the author powerfully illustrates how gentle touch and ‘being present in the moment’ with the patient can communicate compassion and loving care. The initial chapters are essential reading for the therapist who is planning to work with the ill patient. Along with the physical and psychological benefits of skilled touch there are chapters on Communication Skills, Qualities worth Cultivating and The Power of Touch in Caring for the Dying and communicating with the patient who has Dementia/Alzheimer’s Disease. This book gives good insight into how gentle hands can help improve the patient’s well-being and the feeling of being nurtured. The book is not only essential reading for massage therapists who is a novice at working with the ill patient, but it would also enhance the care that is given by health care professionals, care workers and family caregivers.</p>
<p><b>Massage &amp; Bodywork – adapting therapies for cancer care</b> Edited by Peter Mackereth and Ann Carter ISBN-13: 978 0 443 10031 4 Churchill Livingstone – Elsevier</p>	<p>This book illustrates how massage and bodywork can be safely adapted for patients and dispels some misconceptions about working with people who have cancer. It encourages the therapist to utilise contemporary information to support their practice, so that they can be reassured of person centred, effective and importantly, a safe service.  The book is divided into two parts with the contributors of each chapter being involved in professional activities related to complementary therapies including practice, research, teaching and publication. The initial part of the book involves reviewing research evidence for massage and bodywork in cancer care, integration issues, chapters on psychological aspects of the work and the therapist in the role of teacher. The second section focuses on the different and most common modalities of massage and bodywork, and includes chair massage, reflexology, shiatsu and aromatherapy and how they are being adapted in practice.  The book is an extensive resource for developing knowledge and insights about how massage can be safely adapted in a variety of situations and an essential read for those who are intending working within a health care facility.</p>



### CURRENT RECOMMENDED CPD COURSE LIST

This table provides a list of the current recommended CPD Course List. Each entry has a synopsis provided by an Iris Therapist to help you choose one that you might find helpful. Iris actively encourages therapists to suggest additions, however courses must be pre-approved by the Registration and Curriculum Leaders in order to be counted towards registration.

<p><b>“Revision of all the Massage for People Living with Cancer techniques”</b> 1 day – see Iris website for details</p>	<p>A revision day on the techniques from Gayle MacDonald’s course – Massage for People Living with Cancer.</p>
<p><b>“Introduction to Understanding Research”</b> 1 day – not yet available</p>	<p>This course is designed to protect the vulnerable group with which we work and Iris’s reputation, by ensuring that Iris therapists are well informed as to the relative reliability of different forms of research on the benefits of massage in cancer care.</p>

### APPROVED MEETINGS and CONFERENCES



This table provides a list of the current approved Meetings and Conferences that count towards Registration. Information is provided sometimes in the form of a website to access for up to date details and dates. Iris actively encourages therapists to suggest additions.

<p>SCCSG Scottish Conference for Cancer Support Groups</p>	<p>This is an annual conference in Scotland that typically takes place in September. It is an opportunity for support groups across Scotland to come together. More details can be found online at <a href="http://www.sccsg.org/">http://www.sccsg.org/</a></p>
<p>Iris Full Team Meetings</p>	<p>These meetings are announced in the Iris newsletter.</p>
<p>NACTHPC</p>	<p>The NACTHPC was established to promote a greater understanding of the use of complementary therapies to enhance the quality of life of people living with progressive illness, and to support complementary therapists in their care. More details can be found online at <a href="http://www.nacthpc.org.uk/">http://www.nacthpc.org.uk/</a></p>