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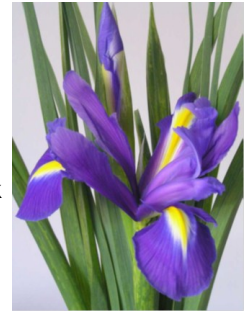
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“This Month in Focus”

Lorna and Zana have been busy organizing dates and venues for 2012/2013 training for Levels 1 and 2 of the Iris Curriculum.

Jenny Gilbert has been preparing the first **Hospice Intensive course**, taking place in **November** at **Strathcarron Hospice**.

Joyce would like thank you all for your patience while she took a break earlier this year. **She is very happy to be back supporting Iris.**



June Mathison, who was unfortunately unable to finish the Five Day Hospital Intensive in May due to illness, has now completed the course.

June (pictured, to the right) was recently presented with her certificate by **Angela Secretan**, Course Tutor, at the Western General Hospital in Edinburgh.

Highlights this Month

- **Dates & venues confirmed for 2012/13 Iris training.**
- **Iris soon to deliver service** after therapists complete Level 1 of the curriculum.
- **Another therapist completes Five Day Hospital Intensive course.**
- Preparations made for the **first Hospice Intensive course**, to take place in **November** at **Strathcarron Hospice** in Denny.
- **Volunteer therapists wanted** for two events in **Glasgow** on **25th & 27th September**.
- **Next Full Team Meeting** will be held on **Friday 21st September 2012** at **IBM** in **Edinburgh**.

“Getting Involved - Make a Difference!”

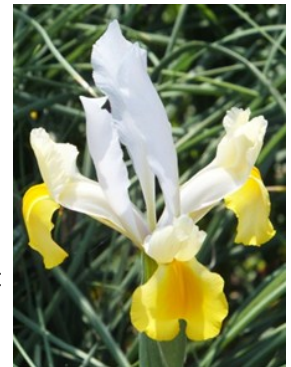
Promoting Iris MassageVOLUNTEER THERAPISTS WANTED!

On 2nd July three therapists (Anne Douglas, Liz Taylor and Anna Valente) represented Iris at a coffee morning at the West of Scotland Cancer Centre (Beatson) in Glasgow. The therapists provided taster massage sessions to patients, carers and hospital staff. The event was a great success and our three lovely ladies did a fantastic job so much so that we have been invited back to support the Macmillan Coffee morning in September!

25th September 2012 (10am - 1pm) at Beatson, Glasgow:

We are looking for three or four therapists to volunteer to support this event. The taster massage sessions usually last for 20 minutes and all equipment is provided. Travel expenses will be reimbursed as appropriate. **If you are interested please call**

Bill Stewart on **07932-622952** or send an e-mail to william.stewart@virgin.net.



Anna Valente and Liz Taylor presented to the **Glasgow Stoma Support Group** on behalf of Iris on 3rd July, following the North Lanarkshire Stoma Awareness Day. Anna was also invited to attend the Macmillan CANmove launch which was held in Glasgow Kelvin Hall on 16th July - some of you may have seen her on STV news!

27th September 2012 (3pm - 6pm) at Radisson Blu,

Glasgow: Anna is looking for volunteer therapists to help at the Breast Cancer Care Fashion Show. The therapists will be required to provide hand and foot massage for the models at the afternoon show. **If you would like to support this event please call** **Anna Valente** on **07940-497850** or send an e-mail to annavalente70@googlemail.com.



“Curriculum Update” from Zana

Things continue to progress with the Curriculum. Dates and venues for Gayle’s Massage for People Living with Cancer (MFPLWC) courses in 2013 have been set, as have dates for the first 5 Day Hospice Intensive training, the next 5 Day Hospital Intensive and a Review Day for those who have done MFPLWC previously, but wish to brush up on the techniques. All dates and venues for the 3 Communication Skills and the 3 Supporting the Therapist modules for 2012/2013 have been finalised and details sent to all therapists who have completed Gayle’s 3-day MFPLWC course.

Nearly all the Reflective Papers from those who attended the Supporting the Therapist workshops in December 2011 and January 2012 have been submitted - these were inspiring to read. For many this was their final part of Level 1 of the Iris Curriculum, which means that these pioneering therapists will soon be able to Register with Iris and be eligible to start delivering its service (more at the Full Team Meeting regarding Registration). If you still have some reflective papers to send, please do so asap.

Jenny Gilbert is in the final stages of preparing the 5 Day Hospice Intensive which will take place in November 2012 at Strathcarron Hospice in Denny, near Falkirk. Thank you to Jenny for all her hard work. This module will have a similar format to the Hospital Intensive but with therapists divided into two groups, doing preparatory work together and then attending the Hospice on separate weeks to minimise disruption to patients and staff.

The Hospital and Hospice Intensives form the major part of Level 2 of the Curriculum. The other two parts are a Lymphoedema Awareness Day and a Practical Day with Gayle and Angela for those who have done the Hospital and/or the Hospice course. Details of these two modules are still being finalised.



LEVEL 1 TRAINING

Communication Skills - 2012

14th Sept 2012 – Curl Aberdeen
27th Oct 2012 – St Andrews Hospice, Airdrie
20th Nov 2012 – Strathcarron Hospice, Denny

Supporting the Therapist - 2012/2013

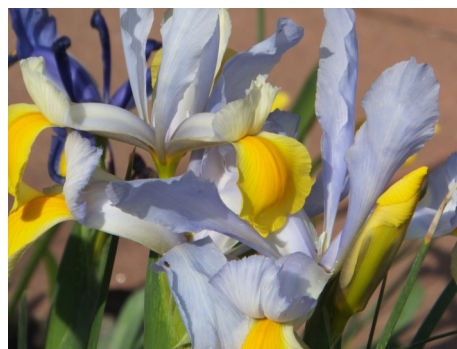
15th Sept 2012 – Curl Aberdeen
19th Oct 2012 – Samye Dzong, Edinburgh
1st Feb 2013 – Samye Dzong, Glasgow

Massage for People Living with Cancer – 2013

31st May-2nd June 2013 – Ayr
14th-16th June 2013 – CLAN, Aberdeen
28th-30th June 2013 – Edinburgh Academy Junior School

Review Day - Revision of all the MFPLWC techniques

8th June 2013 – Edinburgh Academy Junior School



LEVEL 2 TRAINING

5 Day Hospice Intensive - 2012

12th & 13th-16th Nov 2012 – Strathcarron Hospice, Denny
12th & 20th-23rd Nov 2012 – Strathcarron Hospice, Denny

5 Day Hospital Intensive - 2013

28th April-2nd May 2013 – Western General Hospital, Edinburgh

Practical Day

9th June 2013 – Edinburgh Academy Junior School



“Next Full Team Meeting”

**Date: Friday 21st September 2012,
12 noon for lunch, meeting 1-5pm**

**Location: IBM, 21 St. Andrew Square,
Edinburgh EH2 1AY**